What is EBP? Introducing “ATLAS”...

EBP means using the best available evidence to inform decisions about practices and policies.

- Ask challenging questions – ‘How can we do this better?’
- Reflect on current practice – ‘Why do we do things the way we do?’
- Build hypotheses - ‘If we start doing X, achieving Y will be quicker’

EBP is an ongoing, process aiming to increase our understanding by building a body of evidence for the profession.

- Test and evaluate new ideas, approaches and hypotheses
- Produce evidence through new research and analysis
- Critically review and appraise existing research (synthesis)

- Adapt current practices and policies based on the best available evidence
- Monitor implementation of new approaches
- Start asking new questions!

- Do new and existing approaches have the effects we thought?
- How do practices & policies work in the ‘real world’
- Understanding success and failure